Perspectives from the third sector

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Digital Families Across the Lifecourse:

Seminar 3 – Digital technology, older age and caring

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Health and policy context

Current challenges

Landscape of supportive technology

Challenges for the future

Opportunities for the future

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Health and Policy Context

Ageing population

- ▶ Currently 430,000 people aged 75+ in Scotland
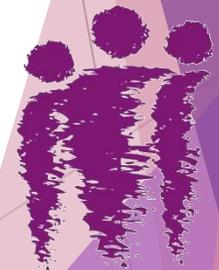- ▶ Expected to rise to 800,000 by 2039

Changing models of care

- ▶ Moving towards 'small, relatively autonomous, multidisciplinary teams that are able to flexibly deliver a broad range of personalised services'
- ▶ Health care increasingly 'supported both by community rehabilitation teams, and the use of third sector and voluntary organisations'

Role of technology

- ▶ Encouraging self management
- ▶ Shifting balance of power

Stats and quotes on this slide taken from 'A National Clinical Strategy for Scotland'(2016) - http://www.gov.scot/Resource/0049/00494144.pdf

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Challenges facing older people and their carers

Keeping safe and well at home

Infrequent clinical or formal support

- Advice is not responsive to changes

Social isolation

- 24% pensioners do not go out socially at least once/month*

- Loneliness to affect 1.5m people by 2028 – with 1.2m of these over 65*

- 75% of carers report difficulties in making and maintain relationships+

Health inequalities into older age

- Carers may have to maintain paid work

Taken from Age UK's Agenda for Later Life 2015: A great place to grow older *(2015) - http://www.ageuk.org.uk/Documents/EN-GB/For-professionals/Policy/agenda_for_later_life_2015_full_report.pdf?dtrk=true*

+ *Taken from Care UK's* Facts About Carers *(2014) -* https://www.carersuk.org/for-professionals/policy/policy-library/facts-about-carers-2014

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Current landscape of supportive technology

Telecare

▶ UK market forecast to be £270m in 2016*

▶ Aimed at monitoring devices

▶ Third sector not involved in developing this technology

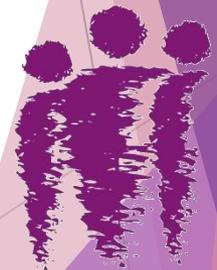▶ Telecare solutions not widely integrated into care planning

Monitoring

▶ Patient Portals that have person/condition specific information

▶ Empowering people to make informed decisions regarding their care
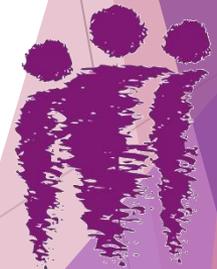
Signposting

▶ Big third sector involvement in this

Taken from 'Digital Health in the UK: An industry study for the Office of Life Sciences' *(2015)*

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Challenges for the future

▶ Avoiding the 'administrative convenience' of health and social care integration

▶ Fragmentation of the third sector

▶ Increased prevalence of digital monitoring devices

▶ Solutions for the life course

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Opportunities for the future

Putting people at the centre of their care

▶ Clinical Strategy for Scotland and 'Primary Care Clusters'

Person Centred Care Records

▶ Information sharing will be crucial

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Facing up to challenges:
What the ALLIANCE is doing

▶ Fostering innovation in partnership with the Digital Health & Care Institute

  ▶ Bringing people together across sectors

▶ Horizon scanning on behalf of third sector organisations

  ▶ Being the 'eHealth Department' for smaller organisations

▶ Bringing the patient voice to the debate

  ▶ Co-design essential for meaningful, sustainable innovation

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